

TRIP GUIDELINES

1. Each participant in a club outing shares responsibility for the safety of the group and the success of the trip.
2. The trip planner should communicate to trip members the trip distance, elevation gain, and information to help trip members evaluate likely skill and equipment needs.
3. Trip members should ask questions and evaluate whether their own skills, stamina and equipment are adequate for a particular trip.
4. Every participant should come prepared with the 10 essentials* (including their own map) plus ski equipment suited to the terrain, and avalanche beacon & shovel if avalanche potential exists.
5. Trip participants should seek training and develop skills that prepare them for the types of trips they seek to do. Depending on the difficulty and nature of the tour, skills should be developed in: first aid and field repair, avalanche hazard evaluation, route selection, weather evaluation, winter survival skills, use of map & compass, and rescue techniques.
6. Skiers should stay together with the group. No single individual should ski off alone or be left behind. At best, separating from the group can cause other members concern and delay. At worst it can be hazardous to the health of the individual or the searchers. Members of the group should adjust pace so others can keep up and should seek to keep members of the party, whether in front or behind, in sight.
7. It is seldom advisable to separate from the group. If it should be necessary to split into subgroups, each group should be equipped with maps and the information necessary to reach the destination.
8. Participants should communicate with others in the group about any concerns, need to temporarily stop or other situations that affect the group progress or well being.

*Mountaineers Club ten essentials: raingear and warm clothes that stay warm when wet, flashlight and spare batteries, matches (in waterproof container) and fire starter, map and compass (and some ability to use them), first aid kit, knife, water/food, sunglasses and sunscreen. (Also recommended: emergency blanket or shelter and signaling device, avalanche beacon and shovel.)

WASHINGTON SKI TOURING CLUB

Trip Date _____
Trip Planner/Organizer(s) _____
Trip destination and Route _____

Acceptance of Risk and Release from Responsibility

I understand there are risks and hazards in skiing the destination and route named above. Those risks include personal injury, death or property damage. I state that I am in proper physical condition to participate in this event and that I am capable of skiing the route and terrain envisioned for this trip. I understand that the routes may be challenging and even hazardous. I accept these risks and agree to release the Washington Ski Touring Club and all trip planners, organizers, officers, members and guests from liability for accidents or injuries which may occur during or traveling to or from any of these activities.

Participant's Signature _____ Printed Name _____
Address _____ Phone _____
Emergency Contact with Phone No. _____

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